

Self-Advocacy Forum notes - November 2018

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|  | <p>We met at St Marys Church in Selby.</p> |
|  | <p>We talked about what work self-advocates are proud of.</p> <p>We also talked about things we want to do in the future.</p> |
|  | <p>Home Alone packs</p> <p>Self-advocates said the Home Alone packs were important and a good idea.</p> |
|  | <p>People wanted to make sure the Home Alone packs are updated with the best information.</p> |
|  | <p>We would like to know if people are using the Home Alone packs. Are they helping people? We could use surveys to find out.</p> |
|  | <p>It would be good to tell other disabled people about the Home Alone packs.</p> |



Safe Places

People said they were proud of their work on Safe Places.



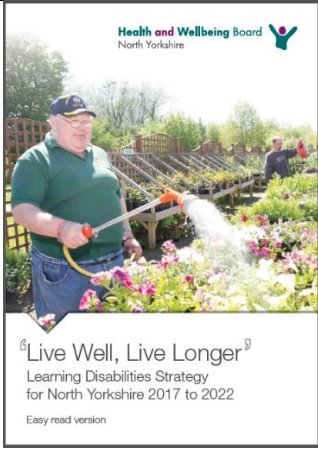
People said they wanted to make sure more people know about Safe Places.



People said the leaflet has good information like the email and phone number.



People said they wanted to make sure we have more Safe Places.



Live Well Live Longer

People said that the Live Well Live Longer plan was very important work.



We worked for a long time to get it done, so it is important to make sure the action plans are finished.



We must find different ways to tell people about the Live Well Live Longer plan.

One idea is to write about it in a blog on the internet.



People said that they were proud to be a self-advocate.

They said working together with everyone is important. We need to tell more people about being a self-advocate.



Top Tips and Videos

People said they were happy to work on the Top Tips.



People also enjoyed making videos to help people understand disability issues.

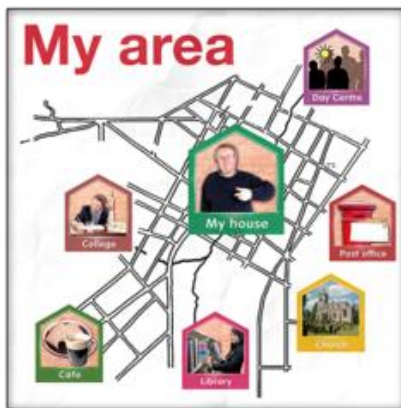
This includes the video about self-advocacy.



People said Word-bank is fantastic.

More people should know and care about it.

Other things people were proud of



Self-advocates enjoyed the town planning workshop. They want to know what happened to the ideas they gave.

We could invite town planners to local area group meetings to discuss the ideas and educate them for future towns.



The Hambleton and Richmondshire Community Safety Group has done good work.

They would like to do more work more on crossing the road safely



Some people said they have enjoyed making new friends and learning new things

We also talked about what we want to do in 2019

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|  | <p>Self-advocates said that they want to talk about safety.</p> <p>People want to do projects about different types of safety.</p> |
|  | <p>People want to know more about safeguarding.</p> |
|  | <p>Self-advocates want to do more work about Safe Places.</p> |
|  | <p>Some people want to make a film about Hate Crime and Mate Crime.</p> <p>The film could help people understand Hate Crime and Mate Crime and know how to be safe.</p> |
|  | <p>People said they want to know more about being safe when using the internet.</p> |



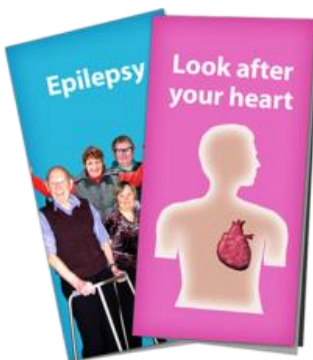
Self-advocates said they want to do more work about **health**. People have lots of ideas for different work about health.



People are interested in doing work about mental health



People wanted to be involved in hospital audits.



Some people wanted to have more information about being healthy and reasons why people get sick.



Lots of self-advocates think it is important to **share our work** with other people.

They had lots of ideas about how we can do this.



We can have a big conference and invite people to come and hear about our work.



We can talk about our work to services at provider forums.

We can also invite professionals and staff to our meetings to hear about our work and to listen to self-advocates.



We can find different ways to tell other people with learning disability and autism about the self-advocacy groups.



We can talk with self-advocates in other places like Australia.

Other things people said



People were interested to learn more about human rights.



People wanted to do more work on easy read support plans.



Some people wanted to be able to socialise a bit more and have fun together.



Some people wanted to find out more about activities during the day so they are not bored at home.



Some people wanted to learn about assistance when using public transport.



People wanted to do more mystery shopping projects.



Some people want to make a film to help people not feel ashamed of who you are.



Some people wondered what will happen about Brexit and what it means for disabled people.



Some people wanted to know how the government budget will affect disabled people.